

National Federation of State
High School Associations



Lightning Safety

Take Part. Get Set For Life.™





Thunder is the same as Lightning

You hear Thunder – then stop the contest
and follow all guidelines of Lightning!
NO EXCEPTION!

When to Resume Play?

- Wait AT LEAST 30 minutes after last lightning seen or thunder heard
- If at minute 25, see / hear more activity, start the count over
- Do NOT rely on clear sky, lack of rainfall



When to Resume Play?

- Even if storm moved on, lightning risk may remain because storm can be miles from lightning
- Do not shorten the 30 minute rule
- Do not resume play if any threat remains
- Do not allow game management to “CLOUD” your judgment!



Remember

- Use common sense / good judgment / make the hard (safe) call
- ALL TIMES GO TO SAFETY—when in doubt, suspend play
- A game can ALWAYS be made up

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QUESTIONS?

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